

## **STATEWIDE 24/7 Peer-Run Warmline -MHA-SF**

<https://www.mentalhealthsf.org/peer-run-warmline/>

**Toll-free Call 1-855-845-7415 Or Chat via IM**

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### **Project Return Peer Support Network Peer-Run Warmline Los Angeles County Residents**

<http://prpsn.org/support-during-covid-19/>

Warmline hours Mon-Fri 5pm-10pm, Sat 11am-4pm, Sun Closed

(888) 448-9777 English and by text

(888) 448-4055 Spanish and by text

ONLINE SUPPORT GROUPS: <http://prpsn.org/online-groups/>

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### **The OC Warmline - NAMI Orange County**

(714) 991-6412

Hours: 9am to 3am Monday-Friday; 10am to 3am on Saturday &

Sunday Languages: English, Spanish, Vietnamese and Farsi

Interpreter Services available

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### **Warm Line: Consumer to Consumer**-The Meeting Place Clubhouse for San Diego residents only

Toll Free: (800) 920-WARM (9276) and (619) 295-1055

Hours: 3:30 P.M. to 11:00 P.M., 7 days a week except Holidays.

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### **Northern Valley Peer Run Talk Line**

Butte County, California--A confidential non-crisis peer support  
network. You are not alone, we are here to listen.

Toll Free: 1-855-582-5554

Open 11:30 am-9:30 pm 7days/week 365 days/year

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### **San Joaquin County BH Services Consumer Support Warm-Line**

209-468-3585

Operating 24/7 since July of 2008.

For local San Joaquin County residents only.

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### **Warmline Connection (NAMI Sonoma)**

866-960-6264

Hours: Mon-Fri 9am - 5pm

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